

# All Saints Catholic College

## A Voluntary Academy

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**Headteacher:** Mr A Diamond  
**Executive Headteacher:** Mr J Cornally

**Be inspired. Be excellent. Succeed.**

24<sup>th</sup> May 2021

Dear Parents and Carers

### **re: Delivery of Relationship, Sex and Health Education**

As of September 2020, RSHE (Relationship, Sex and Health Education) has become a statutory subject for all schools.

To embrace this change All Saints Catholic College has subscribed to the programme of lessons provided by the company Ten Ten. This is a family-run organisation founded by siblings Clare and Martin O'Brien in 2007 to support the work of Catholic schools in the UK. At the heart of their work, they use story and drama to speak to hearts and minds.

The framework of their programme is taken from the Model Catholic RSE Programme by the Catholic Education Service, which has been highlighted by the Department for Education as a work of good practice.

The first form-led delivery of the programme will take place on Friday 11<sup>th</sup> June and the following themes will be taught:

- **Years 7 and 8**

Session 1 - Pupils will look at how to stay safe whilst communicating on social networks. They will examine where and how they seek friendship and will look at their own sense of self-worth.

Session 2 – They will develop skills to help them act sensitively and kindly towards others who are having a difficult time. They are also informed where they can go in school if they themselves are facing a difficult or harmful social situation.

- **Years 9 and 10**

Session 1 – Pupils will examine why some people choose to delay having sex, and save the gift of sex for marriage. They will also learn the consequences of posting sexual images and how not to be coerced into sexual activity.

Session 2 – They will look at how many men and women choose to make a gift of themselves in a lifelong, exclusive relationship through the gift of sex.

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To ensure that parents are happy for their children to take part in the Ten Ten "Life to the Full" programme, you are able to access the online parent portal. Here you will be able to access the following:

- An overview of the programme "Life to the Full"
- Guidance for parents on the content of lessons
- Activities that can be undertaken at home to support the delivery of the programme

To access the online portal please follow the guidance below:

Go to the following website: [www.tentenresources.co.uk/parent-portal](http://www.tentenresources.co.uk/parent-portal)

Then enter the username: all-saints-sk16

Then enter the password: stockport-saints

If you have any questions or concerns then please do not hesitate to get in touch.

Yours sincerely

Mr Allman  
Head of PSHCE

Mrs Rutter  
Head of RE