






# BE A HIGH-FLYER... A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	Mediterranean Meatball pasta bake served with Garlic and Herb Slice	Fiery Mexican chilli, Steamed rice and Crusty Bread 	Oven Roasted Chicken Breast served with Sage and Onion Stuffing and Crispy Roast potatoes	Goujons Chicken or Halal Chicken served on a soft tortilla	Crispy battered fish Served with chunky chips 
<b>Vegetarian Main Dish</b>	Mediterranean Quorn Meatball pasta bake served with a Garlic and Herb slice	Vegetable Chilli with Steamed Rice and Crusty Bread	Oven Baked Quorn Fillet served with Creamy mashed potatoes	Quorn Dippers Wrap Served on a soft tortilla wrap	Home made Cheese and Onion Pie served with chunky chips 
<b>Accompaniments</b> 	Mixed Salad Leaves Garlic and Herb slice	Crisp mixed salad Crusty Garlic Bread	Mashed potatoes Steamed Carrots Gravy	Mixed Salad Steamed rice Choice of Sauces	Chinese Curry Sauce Gravy Baked Beans Mushy Peas
<b>Street Food</b>	Cheesy Garlic bread Freshly Made Pizzas	Speciality Street Food	Assorted Panini	Plain Goujon Wrap Goujon pot	Freshly made Margarita Pizza
<b>Daily Items</b>	Baked potatoes Baguettes, sandwiches, wraps Homemade Soups	Baked Potatoes Baguettes, Sandwiches wraps Homemade soups	Baked Potatoes Baguettes Sandwiches, wraps Homemade soups	Baked Potatoes Baguettes sandwiches wraps Homemade soups	Pasta with, Cheese or Tuna topping Baked Potatoes Sandwiches
<b>Dessert</b>	Homemade Fruity Weetabix Cake 	Homemade Fruity or Plain Flapjack	Chocolate Crunch	Apple Crumble and Custard	Goey chocolate brownie



# MENU

**KEY**

-  5 A DAY
-  MEAT FREE
-  MEAT-FREE MONDAY
-  CHEF'S CHOICE
-  PLANT-BASED (VEGAN)

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# MENU

KEY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



- MEAT-FREE MONDAY



- PLANT-BASED (VEGAN)