







































Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
<b>YEAR 7</b>  	<ul style="list-style-type: none"> <li>Respectful relationships, including friendships Strands 1,2 and 5 in PSHCE</li> <li>Health and prevention Strand 1 in PSHCE</li> <li>Families Strand 1 and 2 in RSE and PSHCE</li> </ul>  	Internet safety and harms in PSHCE 	<ul style="list-style-type: none"> <li>Physical health and fitness strand 1 and 2 in PSHCE</li> <li>Intimate and sexual relationships including sexual health Strand 6 in Science</li> <li>Health and prevention Strand 1 in PSHCE</li> <li>Changing adolescent body Strand 1 and 2 in Science</li> </ul>  	<ul style="list-style-type: none"> <li>Respectful relationships, including friendships Strands 1 and 5 in PSHCE</li> <li>Changing adolescent body Strand 1 and 2 in PSHCE</li> </ul>  	Being safe strand 1 and 2 in PSHCE 	<ul style="list-style-type: none"> <li>Intimate and sexual relationships including sexual health Strand 10 in PSHCE</li> <li>Being Safe Strand 1 in PSHCE</li> <li>Drugs, alcohol and tobacco Strands 1 and 2 in PSHCE</li> <li>First aid strand 1,2 and 3 PSHCE</li> </ul>  
<b>YEAR 8</b>  	<ul style="list-style-type: none"> <li>Online and Media Strands 1 to 8 in computer science</li> <li>Internet safety and harms Strand 2 in PSHCE</li> <li>Internet safety and harms Strand 1 and 2 in Computer Science</li> <li>Families Strand 1 in RSE</li> </ul>  	<ul style="list-style-type: none"> <li>Intimate and sexual relationships including sexual health Strand 5</li> <li>Internet safety and harms Strand 1 in PSHCE</li> <li>Changing adolescent body Strand 1 and 2 in RSE</li> <li>Families Strand 2 and 6 in RSE</li> </ul> 	<ul style="list-style-type: none"> <li>Intimate and sexual relationships including sexual health Strand 10</li> <li>Drugs, alcohol and tobacco Strands 1 and 2 in PSHCE</li> <li>Changing adolescent body Strand 1 and 2 in RSE</li> </ul>  		<ul style="list-style-type: none"> <li>Internet safety and harms Strand 2 in PSHCE</li> <li>Healthy Eating Strand 1 in PSHCE</li> </ul> 	<ul style="list-style-type: none"> <li>Being Safe Strand 1 in PSHCE</li> <li>Mental Well being Strand 2,3,5 and 6 in PSHE</li> <li>Physical health and fitness strand 1 and 2 in PSHCE and science</li> </ul> 
<b>YEAR 9</b>  	<ul style="list-style-type: none"> <li>Families Strand 1 in RSE</li> </ul> 	<ul style="list-style-type: none"> <li>Physical health and fitness strand 1 and 2 in PSHCE</li> <li>Physical health and fitness strand 2 in Science</li> <li>Healthy Eating Strand 1 in PSHCE</li> <li>Changing adolescent body Strand 1 and 2 in RSE</li> <li>Families Strand 2 in RSE</li> </ul> 	<ul style="list-style-type: none"> <li>Healthy Eating Strand 1 in PSHCE</li> <li>Changing adolescent body Strand 1 and 2 in RSE</li> </ul>  	<ul style="list-style-type: none"> <li>Respectful relationships, including friendships Strands 6 and 7 in PSHCE</li> <li>Being Safe Strand 2 in RSE</li> </ul> 	<ul style="list-style-type: none"> <li>Intimate and sexual relationships including sexual health Strand 5</li> <li>Internet safety and harms Strand 2 in PSHCE</li> <li>Drugs, alcohol and tobacco Strands 1 and 2 in PSHCE</li> </ul> 	<ul style="list-style-type: none"> <li>Being Safe Strand 1 in PSHCE</li> <li>Mental Well being Strand 2,3,5 and 6 in PSHE</li> <li>First aid strand 1,2 and 3 PSHCE</li> </ul> 

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<p><b>YEAR 10</b></p> 	<ul style="list-style-type: none"> <li>• Respectful relationships including friendships Strand 5 in RSE</li> <li>• Intimate and sexual relationships, including sexual health strand 11</li> <li>• Mental wellbeing strand 1 in PSHCE</li> <li>• Healthy Eating in Science</li> <li>• Drugs, alcohol and tobacco strands 3,4,5 and 6 in Science</li> <li>• Health and prevention strand 1</li> </ul> 	<ul style="list-style-type: none"> <li>• Families Strand 3 and 4 in RSE</li> <li>• Being safe strand 2 in RSE</li> <li>• Intimate and sexual relationships, including sexual health strand 1, 3 in PSHCE</li> </ul> 	<ul style="list-style-type: none"> <li>• Families Strand 5 in RSE</li> <li>• Respectful relationships including friendships Strand 2, 3, 4 in RSE</li> <li>• Internet safety and harms Strand 1</li> <li>• Basic First Aid strand 1, 2 and 3</li> </ul> 	<ul style="list-style-type: none"> <li>• Respectful relationships including friendships Strand 7 and 8 in RSE</li> <li>• Being safe Strand 1 in RSE</li> <li>• Intimate and sexual relationships, including sexual health strands 6,7,8 and 9 in PSHCE strand 9 also in RSE</li> <li>• Mental wellbeing strand 1 and 4 RSE</li> </ul> 	<ul style="list-style-type: none"> <li>• Respectful relationships including friendships Strand 6 in RSE</li> <li>• Being safe Strand 1 in PSHCE</li> </ul> 	<ul style="list-style-type: none"> <li>• Internet safety and harms Strand 1</li> </ul>
<p><b>YEAR 11</b></p> 	<ul style="list-style-type: none"> <li>• Respectful relationships including friendships Strand 5 in RSE</li> <li>• Intimate and sexual relationships, including sexual health strand 11</li> <li>• Health and prevention strand 1 and 4</li> </ul> 	<ul style="list-style-type: none"> <li>• Families Strand 3 in RSE</li> <li>• Being safe strand 2 in RSE</li> <li>• Intimate and sexual relationships, including sexual health strand 1 and 3 in PSHCE</li> <li>• Healthy Eating in Science</li> </ul> 		<ul style="list-style-type: none"> <li>• Respectful relationships including friendships Strand 7 and 8 in RSE</li> <li>• Intimate and sexual relationships, including sexual health strands 6,7,8 and 9 in PSHCE strand 9 also in RSE</li> </ul> 	<ul style="list-style-type: none"> <li>• Respectful relationships including friendships Strand 6 in RSE</li> </ul> 	<p>N/A</p>