

All Saints Catholic College

A Voluntary Academy

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Headteacher: Mr A Diamond

Be inspired. Be excellent. Succeed.

DATE : 14th October 2022

Dear Parents and Carers

re: Delivery of Relationship, Sex and Health Education

As of September 2020, RSHE (Relationship, Sex and Health Education) has become a statutory subject for all schools.

To embrace this change All Saints Catholic College has subscribed to the programme of lessons provided by the company Ten Ten. This is a family-run organisation founded by siblings Clare and Martin O'Brien in 2007 to support the work of Catholic schools in the UK. At the heart of their work, they use story and drama to speak to hearts and minds.

The framework of their programme is taken from the Model Catholic RSE Programme by the Catholic Education Service, which has been highlighted by the Department for Education as a work of good practice.

To ensure that parents are happy for their children to take part in the Ten Ten "Life to the Full" programme, you are able to access the online parent portal. Here you will be able to access the following:

- An overview of the programme "Life to the Full"
- Guidance for parents on the content of lessons
- Activities that can be undertaken at home to support the delivery of the programme

To access the online portal please follow the guidance below:

Go to the following website: www.tentenresources.co.uk/parent-portal
























Then enter the username: all-saints-sk16















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The model for the delivery of RSE is below. Details regarding RSE can be found on the school website. Please follow the link in the parent area to the RSE page.

<https://allsaintscatholiccollege.com/parents/rse>



Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
YEAR 7	<ul style="list-style-type: none"> Respectful relationships, including friendships Strands 1,2 and 5 in PSHCE Health and prevention Strand 1 in PSHCE Families Strand 1 and 2 in RSE and PSHCE 	<ul style="list-style-type: none"> Internet safety and harms in PSHCE 	<ul style="list-style-type: none"> Physical health and fitness strand 1 and 2 in PSHCE Intimate and sexual relationships including sexual health Strand 6 in Science Health and prevention Strand 1 in PSHCE Changing adolescent body Strand 1 and 2 in Science  	<ul style="list-style-type: none"> Respectful relationships, including friendships Strands 1 and 5 in PSHCE Changing adolescent body Strand 1 and 2 in PSHCE  	<ul style="list-style-type: none"> Being safe strand 1 and 2 in PSHCE 	<ul style="list-style-type: none"> Intimate and sexual relationships including sexual health Strand 10 in PSHCE Being Safe Strand 1 in PSHCE Drugs, alcohol and tobacco Strands 1 and 2 in PSHCE First aid strand 1,2 and 3 PSHCE  
YEAR 8	<ul style="list-style-type: none"> Online and Media Strands 1 to 8 in computer science Internet safety and harms Strand 2 in PSHCE Internet safety and harms Strand 1 and 2 in Computer Science Families Strand 1 in RSE  	<ul style="list-style-type: none"> Intimate and sexual relationships including sexual health Strand 5 Internet safety and harms Strand 1 in PSHCE Changing adolescent body Strand 1 and 2 in RSE Families Strand 2 and 6 in RSE 	<ul style="list-style-type: none"> Intimate and sexual relationships including sexual health Strand 10 Drugs, alcohol and tobacco Strands 1 and 2 in PSHCE Changing adolescent body Strand 1 and 2 in RSE  		<ul style="list-style-type: none"> Internet safety and harms Strand 2 in PSHCE Healthy Eating Strand 1 in PSHCE 	<ul style="list-style-type: none"> Being Safe Strand 1 in PSHCE Mental Wellbeing Strand 2,3,5 and 6 in PSHE Physical health and fitness strand 1 and 2 in PSHCE and science 
YEAR 9	<ul style="list-style-type: none"> Families Strand 1 in RSE 	<ul style="list-style-type: none"> Physical health and fitness strand 1 and 2 in PSHCE Physical health and fitness strand 2 in Science Healthy Eating Strand 1 in PSHCE Changing adolescent body Strand 1 and 2 in RSE Families Strand 2 in RSE  	<ul style="list-style-type: none"> Healthy Eating Strand 1 in PSHCE Changing adolescent body Strand 1 and 2 in RSE 	<ul style="list-style-type: none"> Respectful relationships, including friendships Strands 6 and 7 in PSHCE Being Safe Strand 2 in RSE 	<ul style="list-style-type: none"> Intimate and sexual relationships including sexual health Strand 5 Internet safety and harms Strand 2 in PSHCE Drugs, alcohol and tobacco Strands 1 and 2 in PSHCE 	<ul style="list-style-type: none"> Being Safe Strand 1 in PSHCE Mental Wellbeing Strand 2,3,5 and 6 in PSHE First aid strand 1,2 and 3 PSHCE 

Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
YEAR 10	<ul style="list-style-type: none"> Respectful relationships including friendships Strand 5 in RSE Intimate and sexual relationships, including sexual health strand 11 Mental wellbeing strand 1 in PSHCE Healthy Eating in Science Drugs, alcohol and tobacco strands 3,4,5 and 6 in Science Health and prevention strand 1  	<ul style="list-style-type: none"> Families Strand 3 and 4 in RSE Being safe strand 2 in RSE Intimate and sexual relationships, including sexual health strand 1, 3 in PSHCE  	<ul style="list-style-type: none"> Families Strand 5 in RSE Respectful relationships including friendships Strand 2, 3, 4 in RSE Internet safety and harms Strand 1 Basic First Aid strand 1, 2 and 3  	<ul style="list-style-type: none"> Respectful relationships including friendships Strand 7 and 8 in RSE Being safe Strand 1 in RSE Intimate and sexual relationships, including sexual health strands 6,7,8 and 9 in PSHCE strand 9 also in RSE Mental wellbeing strand 1 and 4 RSE 	<ul style="list-style-type: none"> Respectful relationships including friendships Strand 6 in RSE Being safe Strand 1 in PSHCE 	<ul style="list-style-type: none"> Internet safety and harms Strand 1
YEAR 11	<ul style="list-style-type: none"> Respectful relationships including friendships Strand 5 in RSE Intimate and sexual relationships, including sexual health strand 11 Health and prevention strand 1 and 4  	<ul style="list-style-type: none"> Families Strand 3 in RSE Being safe strand 2 in RSE Intimate and sexual relationships, including sexual health strand 1 and 3 in PSHCE Healthy Eating in Science  		<ul style="list-style-type: none"> Respectful relationships including friendships Strand 7 and 8 in RSE Intimate and sexual relationships, including sexual health strands 6,7,8 and 9 in PSHCE strand 9 also in RSE 	<ul style="list-style-type: none"> Respectful relationships including friendships Strand 6 in RSE 	N/A

If you have any questions or concerns then please do not hesitate to get in touch.

Yours sincerely



Miss Scott

Designated Safeguarding Lead