

Spiritual, Moral, Social and Cultural Development (SMSC) in

PE

Spiritual Development

Within PE students have to be reflective about their own and their teammate's performance. Students also engage with their creative ability in Dance, Trampolining, Gymnastics. They will create routines that showcase their abilities. This also may involve working with other students and working collaboratively. In Dance especially we talk about narrative and the ability to show the narrative through various dynamics and performance qualities.

Students will also take part in OAA, where students will work together to problem solve and be creative with each other to complete various tasks.

Students are also encouraged to engage with their own ideas and plans when playing team sports too. E.g. a scenario in the game occurs – how would you resolve this next time? How would you have a more successful outcome?

Moral Development

Students from Year 7 are taught about sporting etiquette. How effort and progress is important compared to winning and losing. Students are taught about being respectful in success and failure and how to learn from any sporting experience.

Students throughout their PE journey will be aware of rules of various sports and why it is important to follow the rules to play in a fair and respectful arena. Self-discipline is something that is so important when playing sport and learning from various sporting experiences and scenarios.

We also have PE ambassadors in school whose responsibility are to be important role models in PE lessons, Extra-Curricular and around school. Students have to apply to be a PE ambassador and meet half termly to discuss PE ideas and how to help the PE department flourish.

Using leadership in lessons, students are taught and encouraged to be respectful to all participants including officials and their decisions. Students have the opportunity to coach and officiate and learn how to listen to others.

Social Development

Students in PE are assessed through 3 areas: Heads, Hearts and Hands.

The hearts strand represents: Social Me. This is about how the students communicate with each other in giving feedback, receiving feedback, leading warm ups and working with other students. Their resilience and effort levels are also considered.

Students are encouraged to overcome problems or difficulties when they are struggling with the task at hand.

Students are also given opportunities in lessons and out of lessons to lead warm up/sessions/groups/teams to develop their social skills.

We also encourage students that attendance at Extra-Curricular activities help to develop the social aspects of PE. Trying a new sport, meeting new students and also developing their self-confidence outside of the classroom.

As a PE department we also have a PE Twitter page that celebrates any school teams and fixtures that they participate in.

Cultural Development

The PE department encourage a willingness to participate in sporting opportunities that will help to develop positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

During National School Sports week we always celebrate Disability/Paralympic sport. It is important to provide this experience through a variety of sports, to explore how athletes with disabilities engage with sport and exercise. An example of this is participating in: Blind Football/Boccia and Seated Volleyball.