



# Curriculum Overview – PSHE & CIAG

## Why is the study of PSHE important?

PSHE education is a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

The national curriculum also states that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. PSHE education contributes to schools' statutory duties outlined in the Education Act 2002 and the Academies Act 2010 to provide a balanced and broadly-based curriculum and is essential to personal development, behaviour, welfare and safeguarding. The relationships and health aspects of PSHE education has been compulsory in all schools from September 2020.

## What skills will you gain from PSHE?

Our Programme of Study for PSHE education (key stages 3-4) aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and careers education).



*"Our curriculum will be structured so that no pupil is prevented from pursuing a course or programme based on their gender, ability, ethnicity, religion or sexual orientation. Pupils with disabilities or special educational needs will, as far as is possible, be provided with reasonable adjustments to enable them to access an ambitious and relevant curriculum."*

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## **What knowledge will you gain from the study of *PSHCE*?**

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PSHE education helps pupils to develop the knowledge, skills and attributes they need to manage life's challenges and make the most of life's opportunities.

There is evidence to show that PSHE education can address teenage pregnancy, substance misuse, unhealthy eating, lack of physical activity, emotional health and other key issues. Our PSHE programme also tackles barriers to learning, raises aspirations, and improves the life chances of the most vulnerable and disadvantaged pupils.

Our careers programme will enable every pupil to make well informed independence decisions regarding their careers aspirations.

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## **How does *PSHCE* help you in other subject areas?**

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PSHE education directly supports young people in succeeding academically, particularly if they are socio-economically disadvantaged. It does this by developing skills and attributes such as confidence and positive risk-taking, which enable young people to become more focussed and determined in their academic studies.

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## **What can you do to deepen your knowledge and skills of *PSHCE*?**

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## **How are you assessed in *PSHCE*?**

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There will be no formal examinations.

The model of assessment will take place by performing an initial activity that gauges pupils' starting point in terms of their existing knowledge, skills, attitudes and beliefs. This is used to inform the planning for that module. Then, at the end of the topic, module, or lesson an activity is carried out which allows pupils to demonstrate the progress they've made since doing the baseline activity. For example, pupils do a questionnaire of everything they know, think or believe and questions they have about the new topic, then at the end of the module they revisit their original questionnaire, adding to it, correcting previous misconceptions, answering their original questions and so on. This will demonstrate the progress they have made and can also be used to measure attainment against a set of success criteria identified by the teacher.

How can *PSHCE* help you in your  
future?

## INSERT SUBJECT – Curriculum Maps



Website:

<https://www.allsaintscatholiccollege.com>



Contact:

0161 338 2120



Email address:

[schooloffice@allsaintscatholiccollege.com](mailto:schooloffice@allsaintscatholiccollege.com)