Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
YEAR 7	 Personal identity and values Learning skills and teamwork Respect in school What is Citizenship 	 Making and maintaining friendships Identifying and challenging bullying Communicating online Sexting What is a good citizen? 	 Regulating emotions Diet and exercise Hygiene and dental health Sleep The basics of the British political system 	 Puberty and managing change Body satisfaction and self- Concept Multi Cultural Britain 	 Relationship boundaries Unwanted contact FGM and forced marriage LGBTQ+ Rights in the community Basic economics - Banking 	 Developing agency and decision making skills: Drugs, alcohol and tobacco Safety and first aid My future careers Exploring various careers choices
YEAR 8	Managing online presenceDigital and media literacyCounty Lines	 Stereotypes, prejudice and discrimination Promoting diversity and equality The Justice System 	 Drugs and alcohol Introduction to contraception Resisting peer influence Online choices and influences 	 Financial decisions Saving and borrowing Gambling, financial choices and debt How different institutions work 	 Healthy relationships Boundaries and consent LGBT+ inclusivity 'Sexting' Managing conflict 	 Maintaining positive mental health Importance of physical activity Higher Education Understanding how higher education works
YEAR 9	 Sources of careers advice Employability skills How Parliament Works Elections 	 Friendship challenges Gangs and violent crime Drugs and alcohol Assertive communication 	Mental health (including self- harm and eating disorders) Loss and bereavement Healthy coping strategies LGBTQ+	 SE options Aspirations for the future Career choices Identity and the world of work Multi Cultural Britain 	 Healthy/unhealthy relationships Consent Relationships and sex in the media Sexting 	Sexually transmitted infections (STIs) Contraception Cancer awareness First aid
			• Basic Laws and British Values	*	How the police and Courts work	

 Managing transition to key stage 4 including learning skills. Managing mental health concerns Being good citizens Money management Fraud and cybercrime 	Relationship expectations Impact of pornography Identifying and responding to abuse and harassment LGBTQ+ Parliamentary democracy	 First aid and life-saving Personal safety Online relationships Making safe and healthy lifestyle choices Health promotion and self-examination Blood, organ, stem cell 	 Skills for employment Applying for employment Online presence and Reputation Managing grief and loss Local, regional and international governance 	 Forced marriage Nature of committed relationships Diversity and discrimination Extremism The different electoral systems 	 Preparation for the life after All Saints Recognising and celebrating successes Transition and new opportunities Aligning actions with goals Careers skills and interview Human rights and international law
		 Donation Diverse national, regional, religious and ethnic identities 	★		