Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
YEAR 7	 Respectful relationships, including friendships Strands 1,2 and 5 in PSE Health and prevention Strand 1 in PSE Families Strand 1 and 2 in RSE and PSE 	Internet safety and harms in PSE	 Physical health and fitness strand 1 and 2 in PSE Intimate and sexual relationships including sexual health Strand 6 in Science Health and prevention Strand 1 in PSE Changing adolescent body Strand 1 and 2 in Science 	 Respectful relationships, including friendships Strands 1 and 5 in PSE Changing adolescent body Strand 1 and 2 in PSE 	• Being safe strand 1and 2 in PSE	 Intimate and sexual relationships including sexual health Strand 10 in PSE Being Safe Strand 1 in PSE Drugs, alcohol and tobacco Strands 1 and 2in PSE First aid strand 1,2 and 3 PSE
YEAR 8	 Online and Media Strands 1 to 8 in computer science Internet safety and harms Strand 2 in PSE Internet safety and harms Strand 1 and 2 in Computer Science Families Strand 1 in RSE 	 Intimate and sexual relationships including sexual health Strand 5 Internet safety and harms Strand 1 in PSE Changing adolescent body Strand 1 and 2 in RSE Families Strand 2 and 6 in RSE 	 Intimate and sexual relationships including sexual health Strand 10 Drugs, alcohol and tobacco Strands 1 and 2in PSE Changing adolescent body Strand 1 and 2 in RSE 		 Internet safety and harms Strand 2 in PSE Healthy Eating Strand 1 in PSE 	 Being Safe Strand 1 in PSE Mental Well being Strand 2,3,5 and 6 in PSHE Physical health and fitness strand 1 and 2 in PSE and science
YEAR 9	• Families Strand 1 in RSE	 Physical health and fitness strand 1 and 2 in PSE Physical health and fitness strand 2in Science Healthy Eating Strand 1 in PSE Changing adolescent body Strand 1 and 2 in RSE Families Strand 2 in RSE 		 Respectful relationships, including friendships Strands 6 and 7 in PSE Being Safe Strand 2 in RSE 	 Intimate and sexual sexual relationships including sexual health Strand 5 Internet safety and harms Strand 2 in PSE Drugs, alcohol and tobacco Strands 1 and 2i n PSE 	 Being Safe Strand 1 in PSE Mental Well being Strand 2,3,5 and 6 in PSHE First aid strand 1,2 and 3 PSE

Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
YEAR 10	 Respectful relationships including friendships Strand 5 in RSE Intimate and sexual relationships, including sexual health strand 11 Mental wellbeing strand 1 in PSE Healthy Eating in Science Drugs, alcohol and tobacco strands 3,4,5 and 6 in Science Health and prevention strand 1 	 Families Strand 3 and 4 in RSE Being safe strand 2 in RSE Intimate and sexual relationships, including sexual health strand 1, 3 in PSE 	 Families Strand 5 in RSE Respectful relationships including friendships Strand 2, 3, 4 in RSE Internet safety and harms Strand 1 Basic First Aid strand 1, 2 and 3 	 Respectful relationships including friendships Strand 7 and 8 in RSE Being safe Strand 1 in RSE Intimate and sexual relationships, including sexual health strands 6,7,8 and 9 in PSE strand 9 also in RSE Mental wellbeing strand 1 and 4 RSE 	 Respectful relationships including friendships Strand 6 in RSE Being safe Strand 1 in PSE 	 Internet safety and harms Strand 1
YEAR 11	 Respectful relationships including friendships Strand 5 in RSE Intimate and sexual relationships, including sexual health strand 11 Health and prevention strand 1 and 4 	 Families Strand 3 in RSE Being safe strand 2 in RSE Intimate and sexual relationships, including sexual health strand 1 and 3 in PSE Healthy Eating in Science 		 Respectful relationships including friendships Strand 7 and 8 in RSE Intimate and sexual relationships, including sexual health strands 6,7,8 and 9 in PSE strand 9 also in RSE 	 Respectful relationships including friendships Strand 6 in RSE 	N/A